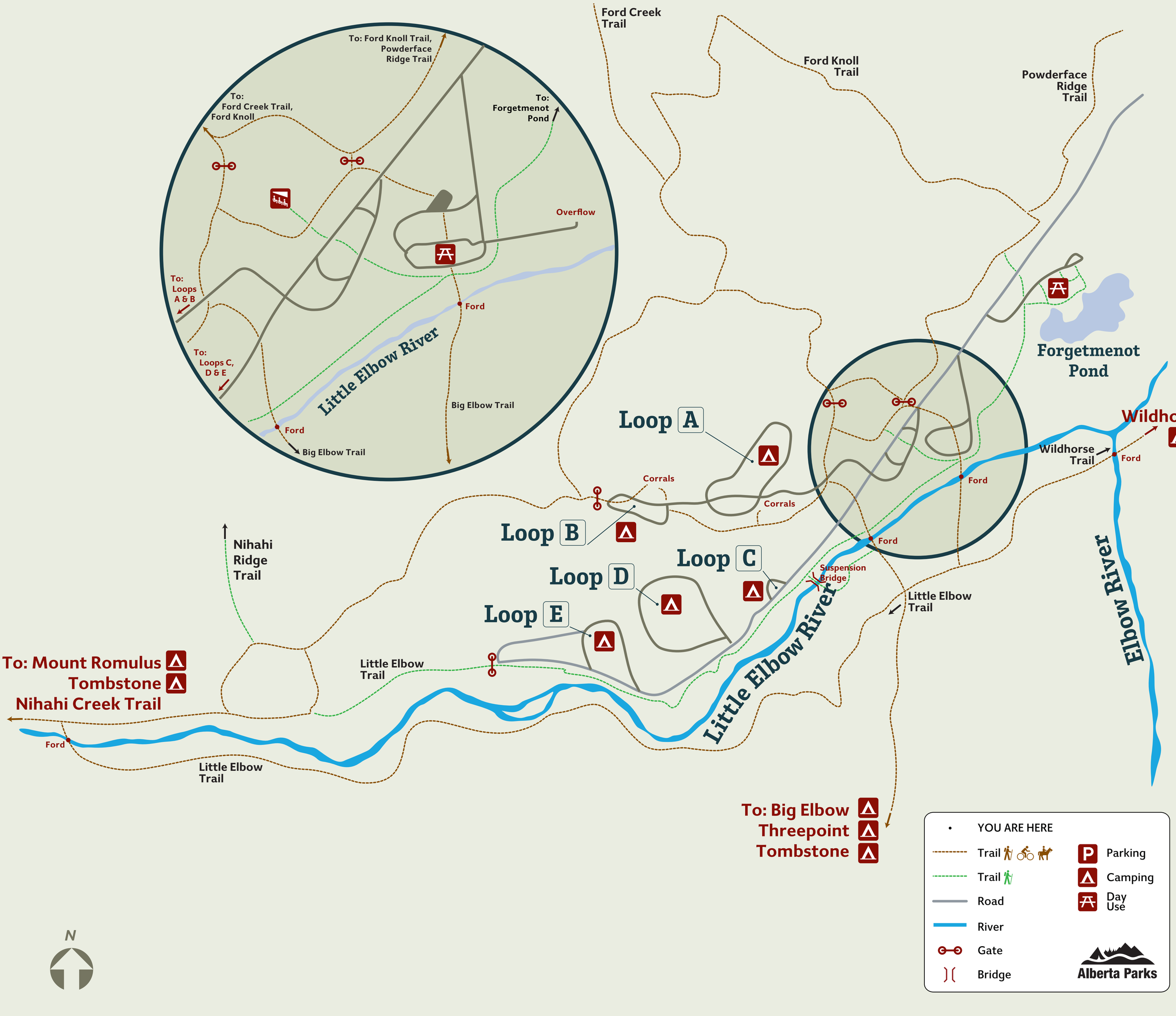Little Elbow